

### Postural Antero-post venous diameter/Pressure

If the venous calibre varies proportionally to the pressure, then:

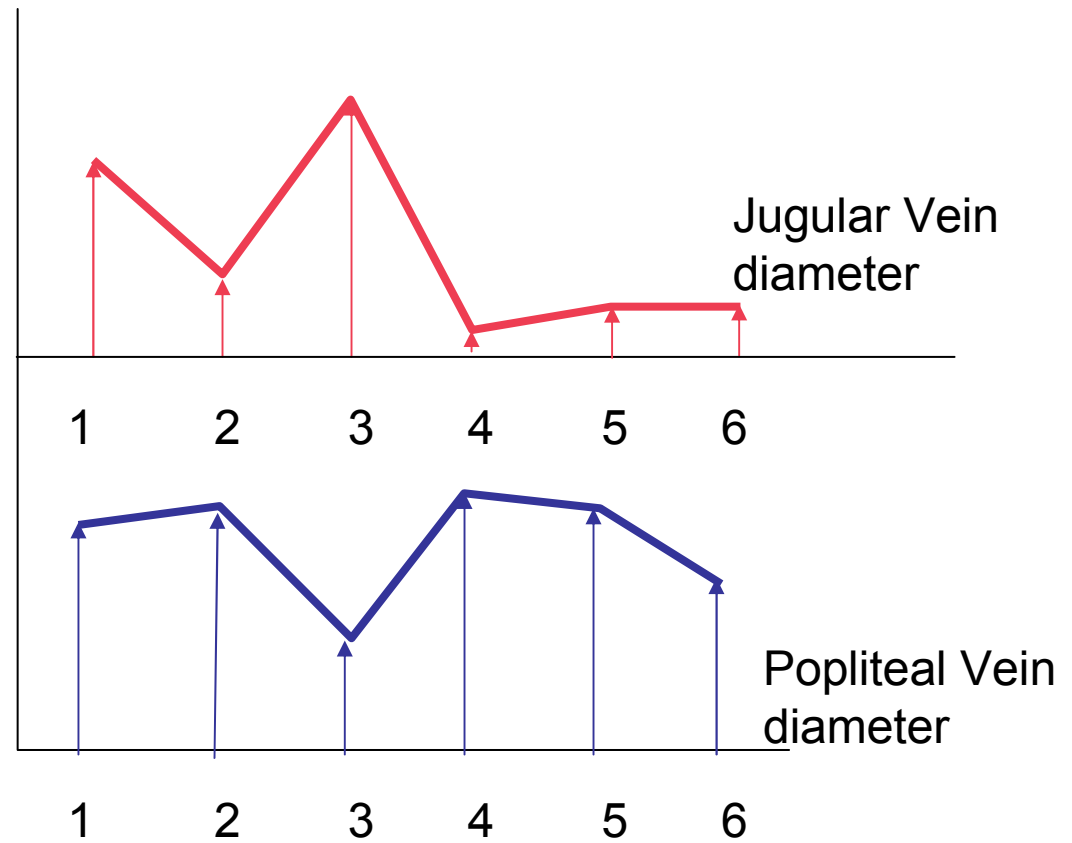
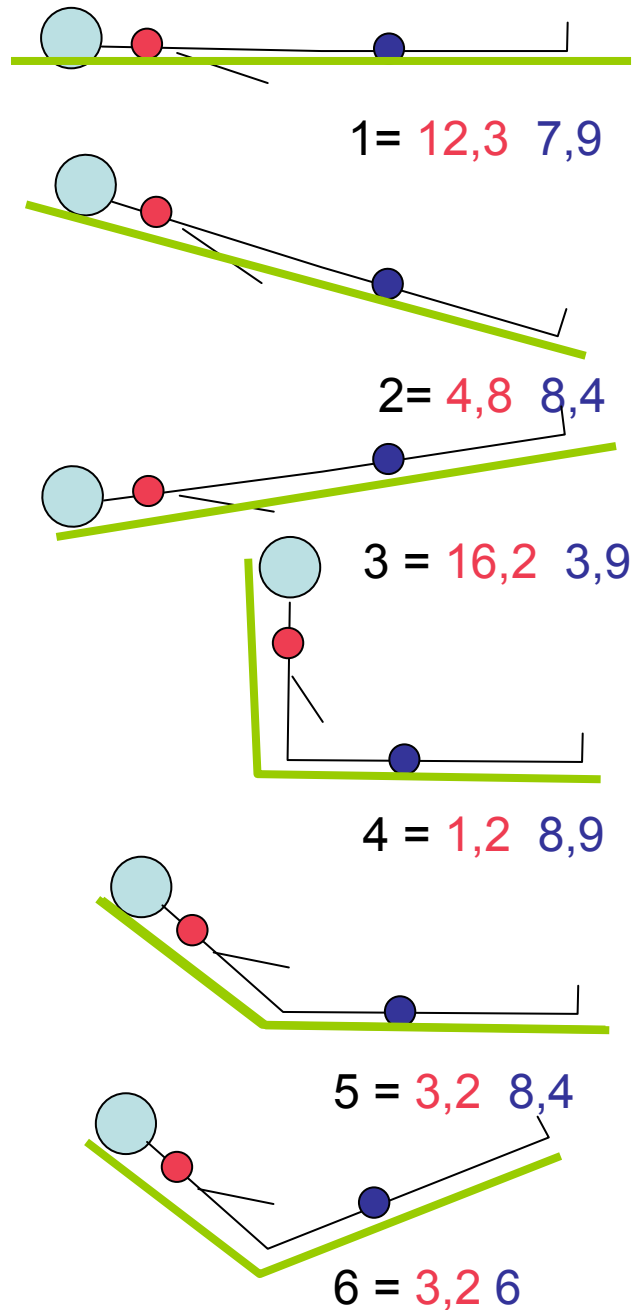
Anti Trendelenburg position (3) is better than Horizontal (2) the horizontal regarding the head but worse regarding the lower limbs

Semi sitting position (4) is better than Anti Trendelenburg (3) for both head and lower limbs

Semi sitting + raised feet (6) is equivalent to the Semi sitting position (4) regarding the head, but much better regarding the lower limbs

**The best compromise: Posture 5 that relieves at the same time the venous head and lower limbs pressure**

**This is optimum for treating at the same time bi-focal venous insufficiency**



### Postural Antero-post venous diameter/Pressure

If the venous calibre varies proportionally to the pressure, then:

Anti Trendelenburg position (2) is better than Horizontal (1) the horizontal regarding the head but worse regarding the lower limbs

Semi sitting position (5) is better than Anti Trendelenburg (2) for both head and lower limbs

Semi sitting + raised feet (6) is equivalent to the Semi sitting position (5) regarding the head, but much better regarding the lower limbs

**The best compromise: Posture 6 that relieves at the same time the venous head and lower limbs pressure**

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